



"Providing unsurpassed healthcare with a personal touch"

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Liberty Celebrates National Nurses Appreciation Week!

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Mark Your Calendar!



May 5th
Cinco de Mayo

[Explore your spicy side with these Spanish dishes](#)

[Frozen or Up? Salt or](#)

May 2009



Greetings!

As the warmer weather and baseball season arrives in full force, Liberty is pleased to announce another great service. Liberty Healthcare Services will now be offering Geriatric Care Management as part of its future offerings. This service can assist families with placement of services such as homecare and assisted living, navigation through the healthcare system, patient advocacy and much more. JoAnne SanPaolo, Vice President of Clinical Services, will be overseeing this new program at Liberty Healthcare Services. We look forward to bringing this exceptional service to the communities.

Happy Nurses Week!

Regards,

Kevin

Kevin Zepp, President of Liberty Healthcare Services

Nurses Appreciation Week

[No Salt? It's time for a Margarita!](#)

**May 10th
Mother's Day**

[Gift Ideas for Mom](#)

[Cook Mom a Meal She'll LOVE!](#)

**May 25th
Memorial Day**

[Make it a healthy BBQ!](#)

May 6th - May 12th

National Nurses Appreciation Week is May 6th - May 12th. It starts off on the 6th as Nurses Day and ends on Florence Nightingale's birthday, the 12th.



This week, make sure you show your gratitude by thanking your co-workers, colleagues, friends and family for their hard work and dedication to helping those in need across the world.

Liberty would like to give special thanks to it's compassionate, loving and dedicated nurses: Bernadette Hrymack, JoAnne SanPaolo, Christine Battaglia, Maureen Van Niel, Delores Mullings, Kathy Maloney, Beth Kodran and Linda Conner. Thank you from all of us at Liberty.

[Nurses - Treat yourself to a FREE Cinnabon this week!](#)

Swine Flu



The Outbreak Causes Panic

As the number of people infected keeps increasing, the World Health Organization urges people to not panic. Instead, it is important to educate yourself on what exactly it is, how it's contracted and ways to prevent it.

Remember, using Universal Precautions like [washing your hands](#) can go a long way towards helping protect yourself and your loved ones.

[7 Things Caregivers Should Know About Swine Flu](#)

[Is it a Pandemic?](#)

[1976 Swine Flu Outbreak](#)

FREE Blood Pressure Screenings

Liberty Healthcare Services will be offering FREE Blood Pressure Screenings throughout the state over the next few weeks.

OCEAN COUNTY

Brighton at Barnegat - the first Thursday of every month, starting May 7th from 10 am - 11 am

Barnegat at Pheasant Run - the last Friday of every month, starting June 26th from 10 am - 11 am

ATLANTIC COUNTY

Village of Linwood - Tuesday, May 5th from 11 am - 1 pm



MERCER COUNTY

Our Lady of the Angels Parish Senior Citizens Club in Trenton - Wednesday, May 27th, time TBA

Health Fair at Concordia in Monroe Township - Thursday, May 14h from 10 am - 1 pm

Health Fair at Clearbrook in Montgomery Township - Saturday, May 16th from 10 am - 1 pm

The Alzheimer's Project

One of the most devastating forms of memory loss is Alzheimer's disease, an irreversible and progressive brain disorder that slowly destroys memory and thinking skills. Today, Alzheimer's is the second most-feared illness in America, following cancer, and may affect as many as five million Americans. As the baby-boom generation moves through retirement, that number could soar to more than 11 million by 2040, and have a huge economic impact on America's already fragile healthcare system.



[Click here](#) to read more and watch the trailer for the new HBO documentary, "The Alzheimer's Project", including a special segment on Caregiving, premiering Sunday, May 10th.

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