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Summer Greetings from Liberty Healthcare Services!



June 2009

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This Month...

June 7th:
National Cancer
Survivors Day

June 11th-18th:
National Nursing
Assistants Week

Greetings!

Greetings and welcome to the summer months. With warm days here, we should all be in great spirits. This month marks a high spirited day for all of our cancer survivors, June 7th, National Cancer Survivors Day. There are over 10 million cancer survivors in our nation and all have a unique story to tell. Please see below to see how you can participate in local events in your surrounding communities that are sponsored by the American Cancer Society and other great cancer advocacy groups.



I would also like to cordially invite you to an Open House on June 25th at our Mercer County office. We hope you will be able to join us.

Warm Regards,

June 21st:
Father's Day & The First
Day of Summer

Open House Event
June 25th, 2009
4:30 - 7 pm



Liberty Healthcare Services cordially invites you and your staff to come to our office and enjoy wine and cheese, prizes and drawings with the Liberty staff.

Please R.S.V.P. to
609.890.0311 by June 22nd



Live to 100!



10 Health Habits that will help you live to 100, including sleep, breakfast and socializing.

Kevin

Kevin Zepp
President, Liberty Healthcare Services

National Cancer Survivors Day - June 7th, 2009

Liberty would like to honor those that are living with or have lived with cancer. This year is the 22nd Annual National Cancer Survivors Day and it's important that we continue to show support to all those affected.



[Click here](#) to visit the National Cancer Survivors Day website.

Show your support to those affected by Cancer by participating in a [Relay for Life Event in your neighborhood.](#)

End of Life Choices

Seeing a video of someone with advanced dementia can help people facing the same fate make more informed decisions about the type of care they want at the end of their life, a new study suggests.

"Medicine is involving patients in a shared decision-making process about their medical care at the end of life," said the study's lead researcher, Dr. Angelo Volandes, from the Department of Medicine at Massachusetts General Hospital in Boston. "But there are challenges to helping patients imagine what some of the diseases and the medical interventions involved are."

[Click here](#) to read the rest of this interesting HealthDay article.



The Season of Sun

According to the Fox Chase Cancer Center, skin cancer is the most commonly diagnosed cancer in the United States each year. More than 1 million new cases are estimated to be detected in 2009.

The American Cancer Society has said that this year there will be some 10,600 deaths from skin cancer. About 7,800 of those deaths will occur from melanoma and 2,800 from other skin cancer types.

But there is HOPE

For the first time, a vaccine that trains the immune system to seek out and attack cancer cells has been shown to shrink tumors in people with melanoma.

In a study of 185 melanoma patients, the experimental vaccine also extended the time that people remained free of cancer.



[Click here](#) for more information on the study and the vaccine.

And remember, ALWAYS wear your sunscreen!

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