



"Providing unsurpassed healthcare
with a personal touch"

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Liberty Healthcare Services

October 2009



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Join Us!



Liberty is pleased to invite you to our "Spooktacular" Spiced Cider & Sangria Event!

Stop by after work to Sip, Snack and Socialize!

Wear a costume and be entered into a drawing.

Thursday, October 4th
4:30 PM - 7 PM

Please call 609.890.0311 to
R.S.V.P.

Greetings!

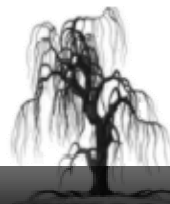
I am pleased to announce that many of our caregivers and administrative staff have already completed the Dementia Caregiver Program presented by the Alzheimer's Association. This is the first step to implementing our Disease Management Program that our organization will be focusing on over the next few years. We truly believe that a specialized team of professionals that focuses on our clients will enable us to continue to provide unsurpassed healthcare with a personal touch and achieve higher levels of care. I thank you for all of your support and look forward to updating you with our enhancements.

Kind Regards,

Kevin

Kevin Zepp
President, Liberty Healthcare Services

Halloween Safety



Flu Season

CDC Says "Take 3" Actions To Fight The Flu

Flu is a serious contagious disease. Each year in the United States, on average, more than 200,000 people are hospitalized and 36,000 people die from seasonal flu complications.

This flu season could be worse because there is a new and very different influenza virus causing illness called 2009 H1N1. CDC expects both 2009 H1N1 flu and seasonal flu to cause illness, hospital stays and deaths this season and is preparing for an early and possibly severe flu season.



[Click here](#) to find out what actions the CDC urges you to take to protect yourself and other from the flu.

[Cold, Flu or H1N1?](#) Find out what the differences are.

Need to get the Flu Shot? Buy one at [Philly Flu Shot](#)

National Breast Cancer Awareness Month

Celebrating 25 years of Awareness, Education and Empowerment

In 2009, NBCAM celebrates its 25th anniversary. Since its inception a quarter century ago, NBCAM has been at the forefront of promoting awareness of breast cancer issues and has evolved along with the national dialogue on breast cancer. Today, NBCAM recognizes that although many great strides have been made in breast cancer awareness and treatment, there remains much to be accomplished. As we celebrate our 25th anniversary, we remain dedicated to educating and empowering women to take charge of their own breast health by practicing regular self-breast exams to identify any changes, scheduling regular visits and annual mammograms with their healthcare provider, adhering to prescribed treatment, and knowing the facts about recurrence.



Everyone wants to have a safe and happy Halloween for themselves, their guests and their children. Using safety tips and common sense can help you make the most of your Halloween season and make it as enjoyable for your kids as it is for you!

Visit HalloweenSafety.com for tips on how to make your Halloween a happy one!

Memory Walk

memory walk

WE'RE ON THE
MOVE
TO END ALZHEIMER'S

Memory Walk is the nation's largest event to raise awareness and funds for Alzheimer care, support and research - and it calls on people of all ages to take action in the fight.

[Click here](#) to find walk locations in New Jersey.

Join Our Mailing List

[Click here](#) to read more about NBCAM.

[Why you need a routine mammogram.](#)

Federal Lawsuit to Stop Cuts in Homecare

Seniors, people with disabilities who rely on IHSS Services face a humanitarian disaster, say advocates.

Several individuals needing critical assistance to remain safely in



their homes, advocates for seniors and people with disabilities, and the unions whose members provide care, today filed suit in federal court in San Francisco to prevent impending cuts in the "In-Home Supportive Services" program, known as IHSS. The class action lawsuit is filed on behalf of four low-income Californians who need IHSS to remain safely at home. The plaintiffs

include two children with disabilities who need special care, an 81 year old senior who needs IHSS to remain in her apartment, and a young man with autism and bi-polar disorder whose IHSS provider assists him with basic tasks.

[Click here](#) to read on.

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