



"Providing unsurpassed healthcare with a personal touch"

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Happy New Year From Liberty Healthcare Services

January 2009 eNewsletter

Dear Kevin,

2009 should prove to be another exciting year for Liberty Healthcare Services. We are pleased to announce the opening of our third location in Somers Point, New Jersey. This location will be servicing all of Atlantic and Cape May counties.

Liberty is also partnering with the National Alzheimer's Association to assure our caregivers will be receiving specialized training in to address the rising demands specific to Alzheimer's. In support of our efforts, I have decided to climb Mount Washington in New Hampshire early this year and raise one dollar for every foot of altitude climbed (goal will be approximately \$7,500). We will be sending out more information on this event in hopes of support for the cause.

We look forward working with all of you and assisting in your needs in 2009. Happy New Year!

Warm Regards,

Kevin

Kevin Zepp & All of Liberty Healthcare Services

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New Rating System for Nursing Homes

Medicare Web Site Will Have Monthly Rankings of Thousands of Nursing Homes

Federal officials unveiled a five-star rating system that for the first time ranks the quality of the nation's 15,800 nursing homes that participate in Medicare or Medicaid.



A nursing home reform group praised the move, calling it a step in the right direction for helping consumers evaluate nursing homes.

But a spokesman for the nursing home industry called the ranking system a great idea that is being prematurely implemented.

"They rushed this thing out there," Larry Minnix of the American Association of Home and Services for the Aging tells WebMD. "If they had spent more time thinking through the specifics, they would have a product that would be more useful to consumers."

[Click here to read the entire WebMD article](#)

National Council on Aging Helps Seniors Get Through Economic Crisis

For New Jersey residents 55 and over, the National Council on Aging (NCOA) is ready to help. "We have several wonderful programs designed to assist you in these troubled times," said NCOA's Program Director Roger Leahy.



[Click here to view the different programs](#)

Caregiving: Preparing The Home For An Alzheimer's Patient

Caring for Alzheimer's patients at home can be difficult. In taking the proper steps to become a successful caregiver, it is essential that you prepare your home for your loved one's arrival.

Likewise, if your loved one's Alzheimer's is mild and they still live on their own, it is important that you ensure that their living environment is safe.

This Month

January 1, 2009

New Year's Day

January 12, 2009

The opening of our new office in Somers Point, NJ, covering all of Atlantic & Cape May Counties.

January 20, 2009

President Elect Obama's Inauguration

FREE Continuing Education Seminar at CareOne at Hamilton, 8:30 am

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Not only must space often be reorganized, but every room in the house that your loved one will be using should also be made as accident-proof as possible. There are many basic guidelines that can be followed in order to provide safe and effective caregiving in the home.

In order to ensure a thorough approach, a room-by-room checklist can be very helpful. [Click here to read the guidelines](#) that can be used for the caregiver's own home if the loved one is living with the caregiver, or for an elderly loved one's home.

Contact Us

Once again, Happy New Year to you and your loved ones from all of Liberty Healthcare Services.

Liberty Healthcare Services

2333 Whitehorse-Mercerville Rd.
Suite B
Hamilton, NJ 08619
(P) 609.890.0311
(F) 609.890.3499

Liberty Healthcare Services

75 Lacey Road
Suite 4
Whiting, NJ 08759
(P) 732.849.1116
(F) 732.849.1124

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Liberty Healthcare Services | 2333 Whitehorse-Mercerville Rd. | Unit B | Hamilton | NJ | 08619